

**GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR
DIRECTORATE OF DISTANCE EDUCATION**

ASSIGNMENT-I

**Programme: PGDCBM
Code: PGDCBM-01**

**Course: FUNDAMENTALS OF PSYCHOLOGY
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
- ii. All questions are to be attempted in legible handwriting on plane white A-4 size paper is to be submitted to the Directorate of Distance Education for evaluation either in person or through Speed Post.

MINOR-1

Question. 01 'Illusion is a Normal and Universal Phenomenon'. Discuss the concept with some empirical evidences (day to day life experiences).

Question. 02. 'There are different branches of psychology having relevance to day to day life'. Justify.

Question. 03. Present a detail account of memory improving devices with examples. Describe the utility of memory improving device in effective teaching learning process.

Assignments Prepared by
Prof. Sandeep Singh Rana
Chairperson
Department of Applied Psychology
Guru Jambheshwar University of science and technology, Hisar.

**GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR
DIRECTORATE OF DISTANCE EDUCATION**

ASSIGNMENT-II

**Programme: PGDCBM
Code: PGDCBM-01**

**Course: FUNDAMENTALS OF PSYCHOLOGY
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
- ii. All questions are to be attempted in legible handwriting on plane white A-4 size paper is to be submitted to the Directorate of Distance Education for evaluation either in person or through Speed Post.

MINOR-2

Question. 01. 'Motivation is a pulling force for a behaviour which maintains, persists and controls human behaviour'. Justify the statement.

Question. 02. Describe the term Classical conditioning and demonstrate the Pavlov's classical Dog experiment to justify the same.

Question. 03. 'Emotion is very Sophisticated Experience'. Discuss the theories of emotion with suitable example.

Assignments Prepared by
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ASSIGNMENT-I

**Programme: PGDCBM
Code: PGDCBM-02**

**Course: PERSONALITY
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
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MINOR-1

Question. 01 What are the key concepts of psychoanalysis.

Question. 02. How is bandura's theory applicable in classroom teaching?

Question. 03. How effective is TAT in uncovering unconscious motive?

Assignments Prepared by
Dr. Manju
Department of Applied Psychology
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**GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR
DIRECTORATE OF DISTANCE EDUCATION**

ASSIGNMENT-II

**Programme: PGDCBM
Code: PGDCBM-02**

**Course: PERSONALITY
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
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MINOR-2

Question. 01 Explain biological determinants of Personality.

Question. 02. Critically evaluate Freud's theory of personality.

Question. 03. What is the utility of psychometric tests in personality assessment.

Assignments Prepared by
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DIRECTORATE OF DISTANCE EDUCATION**

ASSIGNMENT-I

**Programme: PGDCBM
Code: PGDCBM-03**

**Course: GUIDANCE AND COUNSELLING
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
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MINOR-1

Question. 01 Write about the personal characteristics of an effective counsellor by citing descriptively how 'empathy' is utilized by the counsellor in counselling process.

Question. 02. Mention the steps of rapport establishment technique by citing some examples.

Question. 03. Discuss the ethical consideration adopted in psychological counselling.

Assignments Prepared by
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**GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR
DIRECTORATE OF DISTANCE EDUCATION**

ASSIGNMENT-II

**Programme: PGDCBM
Code: PGDCBM-03**

**Course: GUIDANCE AND COUNSELLING
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
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MINOR-2

Question. 01. Describe transference with special mention of some cases.

Question. 02. Shed light on crisis intervention while citing some situation involving the process adopted for crisis intervention.

Question. 03. Write about goals and technique of marriage counselling.

Assignments Prepared by
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**GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR
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ASSIGNMENT-I

**Programme: PGDCBM
Code: PGDCBM-04**

**Course: PSYCHOLOGICAL TESTING
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
- ii. All questions are to be attempted in legible handwriting on plane white A-4 size paper is to be submitted to the Directorate of Distance Education for evaluation either in person or through Speed Post.

MINOR-1

Question. 01 What is Psychological test? Discuss the important ethical issues involved in psychological testing.

Question. 02. Give the logical meaning of reliability. Discuss with suitable example any two methods of estimating the reliability of test scores.

Question. 03. Describe the role and importance of psychological tests in educational and counselling setting.

Assignments Prepared by
Dr. Taruna
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DIRECTORATE OF DISTANCE EDUCATION**

ASSIGNMENT-II

**Programme: PGDCBM
Code: PGDCBM-04**

**Course: PSYCHOLOGICAL TESTING
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
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MINOR-2

Question. 01. Define intelligence discuss the types of intelligence tests.

Question. 02. Distinguish between reliability and validity of the test scores. Discuss the steps to increase the validity of test.

Question. 03. What do you understand by norms of a test? Discuss the need of norms for psychological tests.

Assignments Prepared by
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ASSIGNMENT-I

**Programme: PGDCBM
Code: PGDCBM-05**

**Course: PSYCHOTHERAPY
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
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MINOR-1

Question. 01 Discuss the various steps involved in psychotherapy.

Question. 02 Describe the treatment methods of management of mental illnesses in detail.

Question. 03. Discuss the contribution of Aron Beck in management of depression.

Assignments Prepared by
Dr. Sanjay Kumar
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DIRECTORATE OF DISTANCE EDUCATION**

ASSIGNMENT-II

**Programme: PGDCBM
Code: PGDCBM-05**

**Course: PSYCHOTHERAPY
Total Marks: 15**

Important Instructions:

- i. Attempt all three questions from the assignment given below. Each question carries 5 marks.
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MINOR-2

Question. 01. India has paucity of mental health professions. Discuss.

Question. 02. Describe Psychoanalysis as a method of treatment. Discuss its important techniques.

Question. 03. Present a detail account of psychosurgery and electro convulsive therapy.

Assignments Prepared by
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