

GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR

CENTRE FOR DISTANCE AND ONLINE EDUCATION

PROGRAMME: DIPLOMA IN GUIDANCE AND COUNSELING

(Session 2025–2026)

Nomenclature: Psychological Assessment (15×2 =30) (2nd Semester)

Code: DGC-06

Total Marks: 30

Important Instructions:

1. Attempt all Questions each assignment given below.
2. Each assignment carries 15 marks. 5 Marks per question.
3. All questions are to be attempted in legible handwriting on plain white A-4 size paper and upload the scanned copy of the assignment on student's portal.

Assignment 1 (5 × 3 = 15)

- Q1. Explain the historical development of psychological test.
- Q2. Explain reliability and its methods of estimation.
- Q3. Assessment of intelligence.

Assignment 2 (5 × 3 = 15)

- Q1. Explain the types of psychological test.
- Q2. Ethics in psychological testing.
- Q3. Application of psychological tests in various settings .

GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR

CENTRE FOR DISTANCE AND ONLINE EDUCATION

PROGRAMME: DIPLOMA IN GUIDANCE AND COUNSELING

(Session 2025–2026)

Nomenclature: Psychotherapeutic intervention (15×2 =30) (2nd Semester)

Code: DGC-07

Total Marks: 30

Important Instructions:

1. Attempt all Questions each assignment given below.
2. Each assignment carries 15 marks. 5 Marks per question.
3. All questions are to be attempted in legible handwriting on plain white A-4 size paper and upload the scanned copy of the assignment on student's portal.

Assignment 1 (5 × 3 = 15)

- Q1. Explain Electroconvulsive Therapy (ECT).
- Q2. Explain techniques of psychoanalytical therapy.
- Q3. Explain different types of cognitive distortion

Assignment 2 (5 × 3 = 15)

- Q1. Explain present mental health scenario in India.
- Q2. Explain Stress Inoculation Therapy.
- Q3. Explain different types of drugs used in treatment of psychological disorders.

GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR

CENTRE FOR DISTANCE AND ONLINE EDUCATION

PROGRAMME: DIPLOMA IN GUIDANCE AND COUNSELING

(Session 2025–2026)

Nomenclature: Assessment Case Report- MSE (15×2 =30) (2nd Semester)

Code: DGC-08

Total Marks: 30

Important Instructions:

1. Attempt all Questions each assignment given below.
2. Each assignment carries 15 marks. 5 Marks per question.
3. All questions are to be attempted in legible handwriting on plain white A-4 size paper and upload the scanned copy of the assignment on student's portal.

Assignment 1 (5 × 3 = 15)

Q1 Note on MSE.

Q2. Explain 16PF in detail.

Q3. Describe Seguire Form Board test (SFBT).

Assignment 2 (5 × 3 = 15)

Q1. Explain Bhatia Battery.

Q2. Write note on EPQ in detail.

Q3. Explain PGI-BBD.

GURU JAMBHESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY, HISAR

CENTRE FOR DISTANCE AND ONLINE EDUCATION

PROGRAMME: DIPLOMA IN GUIDANCE AND COUNSELING

(Session 2025–2026)

Nomenclature: Therapy Case Report (15×2 =30) (2nd Semester)

Code: DGC-09

Total Marks: 30

Important Instructions:

1. Attempt all Questions each assignment given below.
2. Each assignment carries 15 marks. 5 Marks per question.
3. All questions are to be attempted in legible handwriting on plain white A-4 size paper and upload the scanned copy of the assignment on student's portal.

Assignment 1 (5 × 3 = 15)

Q1.Q1 Elaborate upon CBT.

Q2. Note on systematic desensitization.

Q3. Elaborate upon biofeedback.

Assignment 2 (5 × 3 = 15)

Q1. Note on supportive therapy.

Q2. Explain REBT.

Q3. Explain chaining and shaping.